

# NATURAL LUGE

Sunday 30 August 2009  
Naseby, Central Otago



Nick Kyle on the Naseby Track – Photo by Allan Dunford

Natural Luge is a demonstration sport in the 2009 New Zealand Winter Games with two heat (lowest combined time wins) races taking place in four classes on Sunday 30 August 2009:

Junior Women (20 years or younger on 1 January 2010)  
Junior Men (20 years or younger on 1 January 2010)

Medals will be awarded to the top three finishers in each class and the races will be governed by the International Race Regulations of the International Luge Federation.

Formal practice runs will be available on Saturday 29 August. It is highly recommended that competitors unfamiliar with the Naseby Track take an opportunity to train on the track in the weeks before the event.

Visit our website for further information:  
[www.freewebs.com/lugenz/index.htm](http://www.freewebs.com/lugenz/index.htm)

Entries close – Noon, Friday 28 August 2009

There is a range of accommodation and eating places available in Naseby and in nearby Ranfurly.

In June 2008 the first ice luge track opened in the Southern Hemisphere, at Naseby in Central Otago.

The track, a Natural (or naturbahn) track is a variation of the more commonly known Olympic (artificial track or kunstbahn) luge. Unlike Olympic luge which takes place on an expensive artificially refrigerated track, natural track luge takes place at a recreational level on snow tracks and at a competitive level on natural ice tracks.

Contrasting luge to car racing, Olympic luge is like Formula One car racing while natural track luge is more like car rallying. The basics are the same in each discipline but additional techniques are unique to each. Natural luge is an excellent introduction to luge and the basis for the development of Olympic luge athletes.

# WINTER GAMES<sup>NZ</sup>



Olympic Luge



Natural Luge

The New Zealand Olympic Luge Association Inc. is the national governing body for luge in New Zealand. It is a member of the International Luge Federation and the New Zealand Olympic Committee.

New Zealanders have primarily participated in Olympic luge, competing in World Cup and World Championship competitions since 1987. The highlight of this has been Angela Paul competing in the 1998 (Nagano, Japan) and 2002 (Salt Lake City, USA) Olympic Winter Games.

If you are interested in competing in the Natural Luge competition at the 2009 New Zealand Winter Games, attending a training camp, or finding out more information, please email/post the following details or contact:

Geoff Balme, President - NZ Olympic Luge Association Inc  
c/- PO Box 1461 Hamilton 3240  
Phone/text: 0274 958 923 - Email [gbalme@xtra.co.nz](mailto:gbalme@xtra.co.nz)

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Age: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Previous luge experience:  
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New Zealand Olympic Luge Association Inc.  
[www.freewebs.com/lugenz/index.htm](http://www.freewebs.com/lugenz/index.htm)